

## Lie on the Floor



Lie on the floor and move your toes.  
Lie on the floor and move your toes.  
Lie on the floor and move your toes.  
Let's move you're your toes today.

Lie on the floor and move your legs. X3  
Let's move your legs today.

Lie on the floor and move your hips. X3  
Let's move your hips today.

Lie on the floor and move your hands. X3  
Let's move your hands today.

Lie on the floor and move your arms. X3  
Let's move your arms today.

Lie on the floor and move around. X3  
Let's move around today.

**Newborn/Infants:** Gently move the baby's body in time to the music. For very young babies lie baby on the ground and use the music for massage. This song can also be used for tummy time and/or sensory time.

**Older Children:** Lie on the ground find different ways of moving the body parts in the lyrics.